

**Brooklin Mill Montessori School**

**Sample Menu For the Week**

|                          | <b><i>Monday</i></b>   | <b><i>Tuesday</i></b>   | <b><i>Wednesday</i></b>   | <b><i>Thursday</i></b>  | <b><i>Friday</i></b>  |
|--------------------------|--|---|---|---|---|
| <b><i>A.M. Snack</i></b> | Bananas  | Apples and Cheddar  | Broccoli Florets  | Cheese & Crackers   | Pears   |
| <b><i>Lunch</i></b>      | Spaghetti & Meatballs<br>Garlic Bread<br>Cucumber<br>Milk<br>Fruit Salad | Chicken Nuggets<br>California Mixed Vegetables<br>Pita Bread<br>Milk<br>Fresh Fruit | Vegetable Soup<br>Cheese & Ham Sandwiches<br>Chocolate Milk<br>Applesauce | Fish Sticks<br>Vegetable Tray with Dip<br>Crescent Rolls<br>Milk<br>Peaches | Parmesan Chicken Pasta<br>Tossed Green Salad<br>Milk<br>Fresh Fruit |
| <b><i>P.M. Snack</i></b> | Yogourt Tubes  | Baby Carrots  | Graham Crackers & Milk  | Apples  | Arrowroots & Milk   |